

Balanced Achievement LLC

Strategies For Success



Success Newsletter

Welcome to the **Balanced Achievement Success Newsletter!**

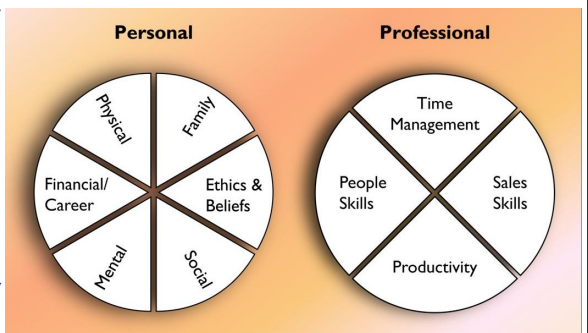
We hope the brief stories and insight put forth will help you in your success and look forward to being a part of your future endeavors!

Creation versus Reaction

In life, we basically have two options in any given circumstance. Creation or Reaction. When we go through life without goals or plans for our future, we are operating from a “Reaction” stance. Unfortunately, this allows others to control our future, or at the very least, leaves us unsure of where we are going. This approach usually leads to increased stress, feeling like we have no control, or that the world “is out to get us”. Sadly, this is an approach all too many use, as they do not see the value in planning their future. Some think that having a 401(k), or retirement fund “is” planning for the future, but this is only a small piece of the puzzle, and still leaves them facing daily challenges from a “reaction” stance.

The other choice is to approach life from a proactive “creation” stance. From here, we plan our lives in much greater detail by delving into the *reasons* behind our plans. While we cannot, (*and do not want to*), eliminate ALL reaction from our life, planning our life by addressing all **10** life areas minimizes stress, increases chances for success in every area and leads to a happier overall life!

The life wheels show the 10 areas of our lives that we should consider. Take a look at the wheels and rate yourself on a scale from 1 to 10 in each area, (1 being terribly unhappy, 10 being ecstatically happy). (*This is also available on-line as a [Personality Snapshot](http://www.balancedachievement.com) at <http://www.balancedachievement.com>.)*



Where I might differ from some theories out there is that I WANT to create better *reactions* through conscious *creation*. You see, if we know where we want to go, and more importantly *why*, we can create a detailed plan to get there. THEN, we focus on making our actions reflect that desire through programming ourselves to the point that we REACT using the *new* information. This is the power of spaced repetition, which is the core of all **Balanced Achievement** development. Once we “create” our plan, we must then move it from the realm of conscious thought to one of subconscious “reaction” to be ultimately successful!

I’ll leave you with this little observation: The words CREATION and REACTION use the exact same letters. The only difference in our lives between the two is where we “C” our future.

Do you want to go through life *creating* your future, or *reacting* to circumstances around you? Ultimately, it is YOUR choice, and yours alone.

If you’d like to learn more, simply e-mail Bob Kenworthy at bkenworthy@balancedachievement.com to arrange a **FREE** initial meeting in-person in the Greater Austin, Texas area, or via phone anywhere in the world.

The Balanced Achievement web page!

- [The Balanced Achievement Concept Presentation](#)—This **FREE** 20-30 minute presentation using the downloadable support materials will help you see why the Balanced Achievement Facilitation Model is so much more effective than traditional “training”! It’s all about *long-term* development!
- [The Dead Seal video](#)—Now the audio from the recent “Dead Seal Campaign” is set to video! Whether on YouTube or our web page, check it out!
- **E-Development Courses** now available! Is your team scattered all over the world? No problem! Our new e-Development facilitation model is the answer! Using GoToMeeting to facilitate development means we can work with your team anywhere in the world! All the same great materials are shipped to each participant ahead of time to be sure they get the most out of the process! Contact us today to learn more!



To Schedule a **FREE** initial meeting, call 512-923-8083 or e-mail inquiries@BalancedAchievement.com

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at inquiries@balancedachievement.com

or call (512) 961-8314.